

**ISST**  
sandplay

International Society for Sandplay Therapy  
Associazione Internazionale della Sandplay Therapy  
Internationale Gesellschaft für Sandspiel Therapie  
國際箱庭療法学会

Announces:

## Intensive Training Weeks in Sandplay

Week 1: November 4 - 10, 2024

Week 2: November 18 - 24, 2024

**Hotel Londres Estoril**  
Estoril, Portugal

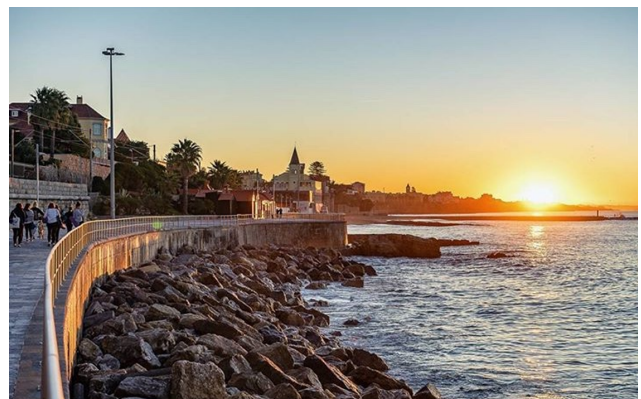


The ISST board is excited to announce two separate Intensive Training Weeks to be held this coming November at the Hotel Londres Estoril, located in a suburb west of Lisbon, near the coast. Each ITW will be attended by up to 35 participants and 6 faculty, comprised of ISST Teaching Members from multiple countries. An Intensive Training Week is exactly that, an intense, immersive training experience including didactic lectures, case presentations, group supervision, experiential activities, and a mid-week excursion to nearby Sintra, home of the famous Pena Palace and the Initiation Well.

Inspired by the magical atmosphere of these sites, archetypal themes in fairytales will be highlighted throughout each week. ITW teachers will take turns facilitating late evening gatherings focused on a fairytale or myth chosen to amplify case material and *“prepare the unconscious for the next day”*. Since 2010 ISST has conducted Intensive Training Weeks in the Netherlands, Bulgaria, Poland, Latvia, and Malta. Originally designed to provide introductory Sandplay training in areas where it was not available, the ITW is now designed to accommodate a wider range of trainees interested in experiencing the universality of Sandplay therapy by being part of an international, multi-cultural learning community.



**Hotel Londres Estoril**



**Estoril Cascais Promenade**

# ITW Program - Week 1

November 4 - 10, 2024

## Monday, November 4th

- Arrival & getting settled, Hotel Londres Estoril check-in begins at 3:00 PM.
- Welcome, teacher & participant introductions, adding sand offerings to the collective tray
- Opening dinner, 7:30 - 9:00 PM
- Evening fairytale experiential - The Donkey Witch, a European tale facilitated by Olga Lipadatova

## Tuesday, November 5th

- The Evolution of Sandplay Therapy Infused with Stories from Dora Kalff - Betty Jackson
- On the Efficacy of Sandplay Therapy - Lorraine R. Freedle
- Under the Curse of the Donkey Witch: The Sandplay Case of a 9 Year Old Girl - Olga Lipadatova
- Group Supervision or Sandplay Fundamentals Course, Part 1 - ITW Teaching Team
- Evening fairytale experiential - Unanana and the Elephant, an African tale facilitated by Braam Beetge

## Wednesday, November 6th

- Encountering the Instinctive Realm: Inner & Outer Animal Symbolism in Sandplay - Braam Beetge
- Following the Call of the Elephant: The Sandplay Case of a 10 Year Old Boy - Braam Beetge MA
- Group Supervision or Sandplay Fundamentals Course, Part 2 - ITW Teaching Team
- Evening fairytale experiential - Vasilisa the Beautiful, a Russian tale facilitated by Betty Jackson and Olga Lipadatova

## Thursday, November 7th

- Excursion to Sintra, Pena Palace, and the Initiation Well
- Evening fairytale experiential - Maui - Bringer of Light, a Hawaiian tale facilitated by Lorraine Freedle

## Friday, November 8th

- On the Importance of Integrating Aggression: The Sandplay Case of a 6 Year Old Boy Ulrich Gundermann
- Ese's Emancipation: The Sandplay Case of a Gang Involved Adolescent - Lorraine R. Freedle
- Restoration of Equilibrium: The Sandplay Process of a Young Adult Uyghur Immigrant - Olga Lipadatova
- Group Supervision or ISST Certification Guidance (Symbol papers, Case report, application, etc.) - ITW Teaching Team
- Evening fairytale experiential - The Unhappy Princess, a Greek tale facilitated by Ulrich Gundermann

## Saturday, November 9th

- Oscillations Along the Way: The Non-Linear Cadence of Psychotherapy & Sandplay Process - Ulrich Gundermann
- Caught in the Tension of Opposites: The Sandplay Case of a Young Woman - Betty Jackson,
- Closing Panel Discussion - ITW Team
- Group Supervision or ISST Certification Guidance (Symbol papers, Case report, application, etc.) - ITW Teaching Team
- Gala Dinner with Traditional Portuguese Fado Music

## Sunday, November 10th

- Hakoniwa: Levels of Knowing, Wisdom, and the Interactive Field in Sandplay Therapy - Takuji Natori MA
- Miniature Giveaway Ceremony
- Closing, Goodbyes, & Departure

**Note:** This program may be modified to better meet the training needs of participants as responses to questions on the Google registration forms are received and considered.

# ITW Program - Week 2

November 18 - 24, 2024

## Monday, November 18th

- Arrival & getting settled, Hotel Londres Estoril check-in begins at 3:00 PM.
- Welcome, teacher & participant introductions, adding sand offerings to the collective tray
- Opening dinner, 7:30 - 9:00 PM

## Tuesday, November 19th

- Hakoniwa: Levels of Knowing, Wisdom, and the Interactive Field in Sandplay Therapy - Takuji Natori MA, CST-T
- The Evolution of Sandplay Therapy Infused with Stories from Dora Kalff - Betty Jackson, LCSW, CST-T
- On the Efficacy of Sandplay Therapy - Lorraine R. Freedle PhD., CST-T
- Group Supervision or Sandplay Fundamentals Course, Part 1 - ITW Teaching Team
- Evening fairytale experiential - The Donkey Witch, a European tale facilitated by Olga Lipadatova

## Wednesday, November 20th

- Erich Neumann's Developmental Stages Applied to Sandplay Process - Theresa Foks-Appelmann, CST-T
- The Hero's Journey as a Template for Sandplay Process - Bert Meltzer PhD., CST-T
- Under the Curse of the Donkey Witch: The Sandplay Case of a 9 Year Old Girl - Olga Lipadatova PhD., CST-T
- Group Supervision or Sandplay Fundamentals Course, Part 2 - ITW Teaching Team
- Evening fairytale experiential - Vasilisa the Beautiful, a Russian tale facilitated by Betty Jackson and Olga Lipadatova

## Thursday, November 21st

- Excursion to Sintra, Pena Palace, and the Initiation Well
- Evening fairytale experiential - Maui - Bringer of Light, a Hawaiian tale facilitated by Lorraine Freedle

## Friday, November 22nd

- Ese's Emancipation: The Sandplay Case of a Gang Involved Adolescent - Lorraine R. Freedle PhD., CST-T
- Withdrawal to Awakening: The Sandplay Case of an Young Arab Girl - Bert Meltzer PhD., CST-T
- A Process of Acceptance: The Sandplay Process of a Young Girl - Theresa Foks-Appelmann, CST-T
- Group Supervision or ISST Certification Guidance; Symbol papers, case report, application process - ITW Teaching Team
- Evening fairytale experiential - Inanna's Descent, an ancient Mesopotamian tale facilitated by Betty Jackson & ITW Team

## Saturday, November 23rd

- Caught in the Tension of Opposites: The Sandplay Case of a Young Woman - Betty Jackson, LCSW, CST-T
- Restoration of Equilibrium: The Sandplay Process of a Young Adult Uyghur Immigrant - Olga Lipadatova PhD., CST-T
- Group Supervision or ISST Certification Guidance (Symbol papers, Case report, application, etc.) - ITW Teaching Team
- Gala Dinner with Traditional Portuguese Fado Music

## Sunday, November 24th

- Closing Panel Discussion - ITW Team
- Miniature Giveaway Ceremony,
- Closing, Goodbyes, & Departure

**Note:** This program may be modified to better meet the training needs of participants as responses to questions on the Google registration forms are received and considered.

# About the ITW Teachers

**Braam Beetge MA(Counseling Psychology), Clinical internship, CST-T (South Africa)** is a counseling psychologist and Jungian oriented psychotherapist who specializes in Traumatology. He is a founding member and the current president of the South African Sandplay Therapy Society (SASTS), a Teaching Member of ISST, and current ISST board member. He has contributed articles to several Sandplay journals and a chapter, *My Souls' Call Toward Sandplay Therapy* in the book, *Into the Heart of Sandplay*. He maintains a private practice in Paarl, South Africa and teaches Sandplay there, as well as in Turkey.

**Lorraine Razzi Freedle PhD, CST-T (USA)** is a clinical psychologist, pediatric neuropsychologist (ABPdN), Sandplay teacher (STA/ISST), and trainer in the Neurosequential Model. She is on the faculty at Southwestern College in Santa Fe, New Mexico, and the online Traumatic Stress Studies Certificate Program established by Bessel van der Kolk at the Trauma Research Foundation. She has published research on Sandplay, neuropsychology, and trauma, serves on the STA and ISST Boards, and is Research Editor for the *Journal of Sandplay Therapy*. Dr. Freedle maintains a private practice in Hilo, Hawai'i.

**Theresa Foks-Appelman, CST-T (The Netherlands)** is a creative arts therapist in private practice serving children and adolescents. She has been a Teaching Member of ISST since 2011, is a founding Member of the Dutch Society for Sandplay Therapy, and serves on the ISST Board of Directors. Since 2007 she has taught on children drawings, sandtray creations, and play at an Institute for Mental Health Care. Ms. Foks-Appelman is the author of *Kinderen Geven Tekens*, a book on the symbolic meaning of children's play and drawings from the perspective of analytical psychology. Website: [www.kindertherapie-foks.com](http://www.kindertherapie-foks.com)

**Ulrich Gundermann, IAAP, CST-T (Germany)** is a Jungian child analyst who obtained his Diploma from the C.G. Jung Institute of Zurich in 1998. He is a Teaching Member of ISST who has served on the ISST Board of Directors, the C. G. Jung Institute of Stuttgart Board of Directors, as a lecturer and supervisor at C.G. Jung Institute Stuttgart, and as chairman of C.G. Jung Society of Freiburg. Living in Chile from 2019 - 2023, he helped to coordinate training for the Chilean Sandplay Group. He continues to serve on the ISST Board, is editor of the ISST Newsletter, and maintains a private practice providing personal Sandplay process and supervision.

**Betty Jackson, LCSW, CST-T (USA)** is a clinical social worker who began Sandplay training with Dora Kalff in 1975. She has also trained extensively with ISST TM Agnes Bayley in Pre-Sandplay interventions for attachment issues. She teaches internationally, has been a frequent guest lecturer for the Oriental Academy for Analytical Psychology & Sandplay in Guangzhou, China, has served two terms on the ISST Board and currently serves as Honorary Secretary for the board. She has published articles on Sandplay, co-edited the book, *Into the Heart of Sandplay*, and maintains a private practice in southeastern Pennsylvania.

**Olga Lipadatova PhD, CST-T (Portugal)** is an Art Therapist and Teaching Member of ISST who has worked in numerous settings including community organizations, mental health agencies, and private practice. Her Ph.D. research focused on working with immigrants using Jungian psychotherapy and Sandplay. Having lived in Canada from 1996 to 2019, she served on the board and as president of the Canadian Association for Sandplay Therapy. In 2019 she moved to Portugal where she now maintains a private practice, provides Sandplay training internationally, and advocates the use of fairytales, myth, & storytelling to inspire change.

**Bert Meltzer, PhD, CST-T (Israel)** is a clinical psychologist with a background in developmental and educational psychology. He is a co-founder of the Israeli Society for Sandplay Therapy and is serving his 2nd term on the ISST Board of Directors. He has an extensive background in working with marginalized populations and specializes in working with persons who have experienced severe trauma or are victims of war and terrorism. Dr. Meltzer maintains a private practice in southern Israel. He has a special interest in using creative, non-traditional modifications of Sandplay therapy as crisis intervention to respond to collective trauma.

**Takuji Natori MA, CST-T (Japan)** is a clinical psychologist, clinical supervisor, and professor of clinical psychology at Kyoto Bunkyo University in Kyoto, Japan. He has served on the ISST Board of Directors and is currently serving his 2nd term as President of ISST. Having begun a collaboration with James Hillman in 2000, his practice is based on archetypal psychology. From 2002 - 2004 he studied at the C. G. Jung Institute of Zurich and also trained with ISST Teaching Members Hayao Kawai, Yasuhiro Yamanaka, Yasunobu Okada, and Kazuhiko Higuchi. Takuji Natori maintains a private practice in Kyoto.

# To Register

## Step 1 - Complete and submit the ITW Google registration form:

Submit the preliminary Google registration form using this link: <https://forms.gle/hQWJfE2hzqCYtbRgHZ> (Applicants who are unable to access Google Forms may request an alternate form by contacting: [ITW2024Portugal@gmail.com](mailto:ITW2024Portugal@gmail.com))

Once submitted, the ITW Committee will identify those applicants who qualify for priority registration:

- Applicants from countries with no established ISST Member Society
- Applicants from countries with an established ISST Member Society, but for whom geographic distance or dual relationship issues prevent them from being able to take advantage of training & supervision opportunities in their country.

## Step 2 - Secure and confirm registration with payment:

### Priority registration:

- Upon receipt of the Google registration form, applicants who qualify for priority registration will receive payment instructions and will have the opportunity to confirm registration by submitting payment before open registration begins on April 1st.

### Open registration:

- Beginning April 1st, all applicants who have submitted a Google registration form will receive payment instructions.
- Registrations will be confirmed on a first come, first serve basis according to receipt of payment.
- Registrations will continue to be accepted until each ITW week has filled with up to 35 participants per ITW.
- If registration requests exceed 35 per ITW, a waitlist will be established and spaces offered as they become available.

## ITW Registration fees:

**1600 Euro** - with single occupancy

**1500 Euro** - with double occupancy, when both room occupants are ITW participants.

(The discounted fee does not apply if sharing a room with someone who is not an ITW participant.)

### The registration fee includes:

- 6 nights lodging; Monday through Saturday nights at the Hotel Londres Estoril
- All meals, AM coffee breaks, and PM water breaks from Monday evening dinner through Sunday morning breakfast, including a boxed lunch on the day of the excursion. If participants choose to dine out, dinner is on their own.
- Up to 40 hours of training towards ISST certification, depending on sessions attended
- Up to 8 hours of group supervision towards ISST certification, depending on sessions attended
- Ground transportation organized by the ITW Team and entrance fees associated with the excursion to Sintra.

### The ITW registration fee does not include:

- Airfare and/or ground transportation to and from the hotel.
- Any additional hotel fees incurred above the standard ITW room rate covered by the registration fee.
- Any meals a participant chooses to have off-site, translation services, travel or medical insurance.

## Cancellation policy:

Cancellations requests received in writing before April 1st, 2024 will result in a full refund, less a 50 Euro administration fee. Cancellations requests received in writing before May 1st, 2024, will result in an 80% refund, less a 50 Euro administration fee. Cancellations requests received in writing before June 1st, 2024, will result in an 50% refund, less a 50 Euro administration fee. Cancellations after June 1st, 2024 are non-refundable.

The ISST Board and the ITW Team are excited to offer this in-depth immersion Sandplay training experience bringing together students and colleagues from all over the world, highlighting the universality of Sandplay. Please do not hesitate to contact us if you have any questions: [ITW2024Portugal@gmail.com](mailto:ITW2024Portugal@gmail.com)  
We look forward to seeing you in Portugal!

**ISST President:** *Takuji Natori*

**ITW Co-chairs:** *Betty Jackson and Olga Lipadatova*

**ITW Committee Members:** *Braam Beetge, Theresa Foks-Appelmann, Lorraine Freedle, Ulrich Gundermann, and Bert Meltzer*



*Initiation Well, Sintra*



*National Palace of Pena Gardens, Sintra*