# 台灣沙遊治療學會會員申請國際沙遊治療學會(ISST)認證之程序

## 壹、申請成為國際沙遊治療學會(ISST)一般會員

### 一、檢附:

- (一)國際沙遊治療學會(ISST)規定文件(附件一)
- (二)本學會規定文件(附件二)
- 二、申請:申請者請其指導教師(Advisor)將申請資料送到學會秘書處,由秘書處轉給認證小組(certification)。
- 三、審核:組長召集兩名小組成員共同審核通過
- 四、推薦:如審核通過則由組長向 ISST 秘書處推薦此申請者
- 五、通知:秘書處將審核結果通知申請者

# 貳、申請成為國際沙遊治療學會(ISST)教師會員

- 一、申請:申請者直接將申請資料送認證(certification)小組組長
- 二、審核:組長召集兩名小組成員共同審核通過
- 三、推薦:如審核通過則由組長向 ISST 秘書處推薦此申請者
  - 四、通知:秘書處將審核結果通知申請者
- 參、所有資料申請資料須以英文呈現

附件一(引自國際沙遊治療學會 ISST 網站 <a href="https://www.isst-society.com/becoming-certified-member">https://www.isst-society.com/becoming-certified-member</a>)

Steps to Become a Certified Individual Member International Society of Sandplay Therapy (ISST)

An Individual Member (IM) is a Sandplay Therapist who is accepted into ISST and does not live in a country with a ISST National/Regional Society.

If you live in a country that has an ISST National or Regional society please <u>refer to your local society for their guidelines</u>. ISST sets the minimum requirements only.

Please note that members of IAAP have modified requirements for training as outlined below

### Step 1:

Become familiar with ISST requirements for membership.

- A. Personal Process in Sandplay Therapy. Must be with an ISST Member and precedes, if possible, a regular course of training in sandplay.
- B. Theoretical training of a minimum of 100 hours in training seminars in the tradition of Dora Kalff and based on the principles of the psychology of C.G. Training in Sandplay Therapy. Must be with a certified ISST Sandplay Teaching Member.
- C. Two written symbol papers, at least 10 pages in length, but no more than 20 pages with 1.5 spacing. At least one paper must include clinical sandplay material.
- D. E. Supervision of practical work by at least two different Teaching Members for a minimum of 80 hours. Thirty (30) of the 80 hours must be individual supervision. Up to fifty (50) hours of group supervision is acceptable provided the student candidate presents his/her own clients' material for at least 1 hour out of every five group supervision hours. All the supervision hours can be individual as group supervision is optional.

A written final case study of at least 30 to a maximum of 50 pages of text with 1.5 spacing. The case study must be read and evaluated by three ISST Teaching Members, who are recognized Case Readers. If the applicant lives in a country with a National Society at least one of the case readers should be from their National/Regional Society and at least one from a National/Regional Society different to that of the applicant. The applicants personal sandplay therapist and the supervisor on the case cannot be one of the readers. Each reader will provide an evaluation report of the case study to the Case Advisor. Once the Case advisor is satisfied that all three readers are in agreement, the outcome and readers reports are sent to the applicant. The case reader's fee is determined by themselves unless it is set by their National Society. All requirements a-d above must be completed before submitting the ISST Final Case to readers. And a copy of the applicants Appendix D must accompany the case material sent to the readers. Download guidelines for writing a case study

### Step 2:

Keep a record of your training. You may, if you wish, use <u>Appendix D form</u> to keep track of your progress. Please be aware that several of the items require signatures verifying completed work. It is best to ask for a certificate of attendance to verify your work (supervision or teaching) from the Teaching member at the time that you attend. Keep these certificates as part of your evidence of completed work towards certification.

#### Step 3:

Select a Training advisor. Before writing the required symbol papers, ask a certified ISST Teaching Member to serve as your training advisor. The Teaching member needs to have been certified as a Teaching member for at least two years. Their role will be to guide you through your professional development towards certification. You might want to consider formally registering as an <u>ISST Independent Route Candidate</u>.

#### Step 4:

Once you have completed your training and supervision hours and two symbol papers you are ready to start working on writing up your <u>final case study</u>. You can take the advice of your supervisor(s) as to which case may be suitable. You can then choose a Case Advisor to support you with writing up and submitting your final case as well as choosing readers. The case advisor can be your supervisor, your training advisor or another ISST teaching member.

After you have completed the ISST required training hours and two symbol papers, but before submitting your ISST Final Case to readers, your *Record of Training* should be completed and copies submitted to:

Your Case advisor, who will review your Record of Training to verify that you have completed all ISST training requirements before you submit your final case study to your readers.

After your advisor reviews your Record of Training, send a copy of the Record of Training, a professional resume, and the final case study to your ISST Final Case readers.

Your Final Case readers will report the outcome of their evaluation of your paper to your advisor, who will then contact you. A written evaluation of your paper from each of your readers or a joint evaluation from all three will be available to you.

#### Step 5:

If your paper was approved by your readers, complete the last part of Appendix D.

Step 6: Your *case advisor* will submit your completed Appendix D form together with case comments to the ISST secretary who will log the date, check that all contents are completed and forward your application to the certification committee. You will be advised of the outcome.

Requirements for ISST Membership for Qualified Jungian Analysts (members of IAAP).

Sandplay was developed by Dora Kalff and is based on the psychological principles of C.G. Jung. Fully qualified Jungian Analysts may undergo an adapted training for ISST membership. This training should include, as a minimum:

- 1. Personal Sandplay process with an ISST member.
- 2. 60 hours specific Sandplay teaching seminars.
- 3. Clinical case supervision: 40 hours of which a minimum of 15 must be individual supervision hours. A maximum of up to 25 group supervision hours are acceptable. The candidate should present their own clinical work in one of every five hours of group supervisions.
- 4. One relevant seminar paper with Sandplay clinical material.
- 5. Submission of written clinical case study as outlined in Appendix A b-f in the rules of procedure.

## 經本會第四屆第六次及第七次理監事聯席會議通過:

- 一、至少 40 單元沙遊歷程並且做 25 盤沙盤,歷程需由 certified member 進行; Seminar Hours 修改成 100 小時,並遵照 ISST 規定增加 Interview。
- 二、 Interview 的過程遵照 ISST 規定,如申請者有三位 Teaching Members (比照 ISST 規定)的推薦函、則可免 Interview,但申請人的治療師不能 是三人中之一位。教師級認證遵照 ISST 的規定。